



FOR IMMEDIATE RELEASE

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**My Sister's Place Partners with Dance Flamenco DC to Launch "Fire Within," a Trauma-Informed Movement Program for Survivors of Domestic Violence**

Washington, D.C. (January 8, 2026) — My Sister's Place (MSP), a leading nonprofit supporting survivors of domestic violence in Washington, DC, is partnering with Dance Flamenco DC to launch ***Fire Within***, a four-week, trauma-informed Flamenco movement program designed to support survivor healing, self-expression, and empowerment. The program is funded through a grant from the DC Commission on the Arts and Humanities. Beginning in **February 2026**, the program will offer participants a safe, supportive space to explore healing and self-expression through movement and music at no cost to My Sister's Place clients.

To support the program's launch, Dance Flamenco DC is hosting a **fundraising performance on Thursday, January 22, 2026**. Proceeds will help remove barriers to participation by covering essential needs such as transportation stipends and Flamenco shoes and skirts for participants.

"*Fire Within* reflects our shared commitment to making trauma-informed, survivor-centered programming accessible to DV survivors," said **Krista McDaniel**, Interim Executive Director of My Sister's Place. "We're grateful for this partnership and the community's assistance in helping us to make this program available to the survivors we support."

Community members are invited to attend the January 22 fundraiser in support of *Fire Within*. More information is available at <https://bit.ly/fire-within-dc>.

## **About My Sister's Place**

My Sister's Place (MSP) shelters, supports, and empowers survivors of domestic violence and their children while providing leadership and education to build a supportive community. Learn more at <https://www.mysistersplacedc.org/>.

## **About Dance Flamenco DC**

Dance Flamenco DC is a Washington, D.C.-based organization dedicated to sharing Flamenco as a powerful art form for expression, connection, and community engagement through performances and educational programming. Learn more at <https://www.danceflamencodc.com/>.

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